

Services Included in Annual Fee

Annual comprehensive preventative health assessment and exam

- EKG
- Comprehensive lab panel (includes CBC, biochemical profile, glucose, renal function, liver panel, lipid panel, thyroid panel with TSH, cardio CRP, PSA for men, PAP for women);
- Pulmonary functions if medically indicated;
- Vision testing;
- Stool cards as medically indicated;
- Urinalysis;
- Nutrition and exercise counseling;
- Immunization recommendations; and
- Formulation of a personalized preventive medicine plan

Additional Medical Care

- Administration of annual Flu immunizations
- Travel medicine advice and administration of necessary vaccines (*cost of vaccines charged separately*).
- Blood draws & urine collections
- 10 office visits per year (additional visits 25 dollars each).
 - Routine office testing and procedures;
 - Sick visits;
 - Blood pressure checks; and
 - Weigh-ins.
- House calls and nursing home visits when medically indicated:
 - Each home/nursing home visit counts toward the 10 visits per year
 - Additional house calls/nursing home visits at \$ 100 visit.
- Enhanced preventative care services such as diet, nutrition, and exercise counseling.
- Consultation with emergency room providers, as necessary and appropriate.
- Hospital visits, as appropriate, not as attending of record or official consultant, but to advise you and your family when you are admitted as an inpatient, and to coordinate care with hospital team.
- Review of tests and consults from other providers as they become available.

Coordination of Care

- Referrals to appropriate specialists and facilities.
- Assistance in scheduling appointments with other physicians and facilities for tests and consultations.
- Coordination of your care with specialists and facilities.
- Coordination and monitoring of hospital admissions and inpatient care.
- Coordination of rehabilitation care.

Administrative & Access

- Direct access to Dr. Sadikman by cell phone - except during vacations /continuing medical education, where coverage will be provided by a qualified colleague.

- Completion of pre-authorization forms for medical services and prescription medications (except where in-plan physician referral is required).
- Copies of lab and other diagnostic test results by telephone, fax, or email, if requested.
- Completion of medical history forms and medical necessity forms.
- Office announcements and reminders (e.g., arrival of flu vaccines, Dr. Sadikman's vacation schedule) emailed directly to you.
- Total number of patients in practice limited in order to permit more personalized care and service.
- Access to your personal health record on-line via computer, smart phone, or tablet.
- Wait times for scheduled visits of less than 15 minutes (except in cases of unanticipated patient emergency).
- Regular office appointments available same day or next day; urgent visits available within 24 hours on weekdays.
- Portal access to review labs and to communicate with Dr. Sadikman.
- Video/skype conferencing when appropriate.